

# WASHINGTON BASIC FOOD PROGRAM



## BASIC FOOD PROGRAM

### What is Basic Food?

Basic Food is a food and nutrition program for individuals and families who meet income guidelines. Also known as the Food Stamp Program, Basic Food helps people to afford a nutritious diet by providing eligible households an electronic benefits card and monthly benefits to buy food at participating grocery stores.

### Who is Eligible?

Basic Food is available to more people in Washington than ever before. The gross income limits are now 200% of the Federal Poverty Guidelines; net income limits don't apply to most households. Many people who previously had too much income for the program are now eligible because of higher income limits.

### Is Basic Food Open for U.S. Citizens?

No. However, Basic food is limited to persons who are U.S. citizens and immigrants that meet [specific program rules for immigrants](#) for the Supplemental Nutrition Assistance Program (SNAP). Non-citizens who receive Basic Food are not considered a "[public charge](#)" and getting Basic Food benefits will not impact someone's immigration status with the U.S. Citizenship and Immigration Service. Undocumented immigrants and non-citizens who don't meet the [specific program rules](#) cannot receive Basic Food.

### How Much Income Can My Household Have and Be Eligible for Basic Food?

You may be eligible for Basic Food if your household income (before taxes or other deductions) is not more than the amounts listed in the table below, based on the number of people in your household.

### Are There Any Other Advantages to the Basic Food Program?

Yes. Besides monthly benefits to buy food, receiving Basic Food:

- Automatically enrolls school-aged children in the free school meal program;
- Qualifies you for low-cost local phone service through the Washington Telephone Assistance Program (WTAP); and
- Shows that your family meets the Women, Infants and Children (WIC) income test.

### How do I apply for Basic Food?

- Submit an application at a local OSHS Community Services Office (CSO), by mail or online through the [Washington Connection](#) at [www.washingtonconnection.org](http://www.washingtonconnection.org)
- Participate in an interview. You can have either an in-office or telephone interview.
- Provide your social security number, proof of your identity, and proof of the income and living expenses for your household. We can help you get this proof if needed.

| Household Size              | Maximum Gross Income |
|-----------------------------|----------------------|
| 1                           | \$1,862              |
| 2                           | \$2,522              |
| 3                           | \$3,182              |
| 4                           | \$3,842              |
| 5                           | \$4,502              |
| 6                           | \$5,162              |
| 7                           | \$5,822              |
| 8                           | \$6,482              |
| 9                           | \$7,142              |
| 10                          | \$7,802              |
| Add for each person over 10 | \$660                |

# Dshs Basic Food Income Guidelines

**J Elliott**



## **Dshs Basic Food Income Guidelines:**

**The Relationship Between State Assistance Programs and Federal Food Stamp Allocations** United States. Congress. House. Committee on Government Operations. Government Information, Justice, and Agriculture Subcommittee, 1990 Abstract This hearing discusses the assistance that various levels of government provide to needy Americans and how these programs sometimes run counter to each other The focus of the hearing is the relationship between state assistance programs and the USDA Food Stamp Program State assistance can take the form of child care assistance low income energy assistance training or educational expenses handicapped assistance and clothing vouchers or allowances USDA began to count state assistance as income to the recipient which caused the reduction in the clients food stamps Testimony is heard from advocates for the poor representatives of state human services departments and USDA s Food and Nutrition Service      **Washington Administrative Code** ,2015      **Formulation of the 1990 Farm Bill** United States. Congress. House. Committee on Agriculture, 1990      Medicare and Medicaid Guide ,1969      *Seattle Baby Resource Guide* Shelley Arenas, 1996-05      **Washington State Register** ,2003 contains the full text of proposed emergency and permanently adopted rules of state agencies executive orders of the governor notices of public meetings of state agencies rules of the state supreme court summaries of attorney general opinions and juvenile disposition standards      *Budget for the ... Fiscal Biennium* Washington (State). Governor, 1979      **Budget of the State of Washington** Washington (State). Governor, 1983      Budget Washington (State). Governor, 1979      *A Guide to Conducting a Cost-of-living Study* Audrey C. Dean, 1982      *Budget in Brief* Washington (State). Governor, 1989      *Income Assistance, Community Social Services, and Medical Assistance* ,1988      *The State We're in* ,1988      **Annual Report** Washington (State)., 1975      La Voz ,1981      *Managing Federalism* Arnold M. Howitt, 1984      **The Handbook for Washington's Governments** ,      **West's Revised Code of Washington Annotated** Washington (State), 1961      Annual Report, Human Resources Agencies ,1974 Combined annual reports of agencies which administer Washington State s human resources programs and services      **Washington Reports** Washington (State). Supreme Court, Richard F. Jones, Solon Dickerson Williams, 2004

## Unveiling the Power of Verbal Art: An Emotional Sojourn through **Dshs Basic Food Income Guidelines**

In a world inundated with screens and the cacophony of immediate conversation, the profound energy and psychological resonance of verbal artistry frequently disappear in to obscurity, eclipsed by the constant onslaught of noise and distractions. However, located within the musical pages of **Dshs Basic Food Income Guidelines**, a fascinating work of fictional brilliance that pulses with fresh emotions, lies an remarkable trip waiting to be embarked upon. Penned by a virtuoso wordsmith, that interesting opus manuals readers on a psychological odyssey, lightly exposing the latent potential and profound impact stuck within the delicate web of language. Within the heart-wrenching expanse with this evocative analysis, we shall embark upon an introspective exploration of the book is central themes, dissect their interesting writing design, and immerse ourselves in the indelible effect it leaves upon the depths of readers souls.

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### **Table of Contents Dshs Basic Food Income Guidelines**

1. Understanding the eBook Dshs Basic Food Income Guidelines
  - The Rise of Digital Reading Dshs Basic Food Income Guidelines
  - Advantages of eBooks Over Traditional Books
2. Identifying Dshs Basic Food Income Guidelines
  - Exploring Different Genres
  - Considering Fiction vs. Non-Fiction
  - Determining Your Reading Goals
3. Choosing the Right eBook Platform
  - Popular eBook Platforms
  - Features to Look for in an Dshs Basic Food Income Guidelines
  - User-Friendly Interface
4. Exploring eBook Recommendations from Dshs Basic Food Income Guidelines

- Personalized Recommendations
- Dshs Basic Food Income Guidelines User Reviews and Ratings
- Dshs Basic Food Income Guidelines and Bestseller Lists
- 5. Accessing Dshs Basic Food Income Guidelines Free and Paid eBooks
  - Dshs Basic Food Income Guidelines Public Domain eBooks
  - Dshs Basic Food Income Guidelines eBook Subscription Services
  - Dshs Basic Food Income Guidelines Budget-Friendly Options
- 6. Navigating Dshs Basic Food Income Guidelines eBook Formats
  - ePub, PDF, MOBI, and More
  - Dshs Basic Food Income Guidelines Compatibility with Devices
  - Dshs Basic Food Income Guidelines Enhanced eBook Features
- 7. Enhancing Your Reading Experience
  - Adjustable Fonts and Text Sizes of Dshs Basic Food Income Guidelines
  - Highlighting and Note-Taking Dshs Basic Food Income Guidelines
  - Interactive Elements Dshs Basic Food Income Guidelines
- 8. Staying Engaged with Dshs Basic Food Income Guidelines
  - Joining Online Reading Communities
  - Participating in Virtual Book Clubs
  - Following Authors and Publishers Dshs Basic Food Income Guidelines
- 9. Balancing eBooks and Physical Books Dshs Basic Food Income Guidelines
  - Benefits of a Digital Library
  - Creating a Diverse Reading Collection Dshs Basic Food Income Guidelines
- 10. Overcoming Reading Challenges
  - Dealing with Digital Eye Strain
  - Minimizing Distractions
  - Managing Screen Time
- 11. Cultivating a Reading Routine Dshs Basic Food Income Guidelines
  - Setting Reading Goals Dshs Basic Food Income Guidelines
  - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Dshs Basic Food Income Guidelines

- Fact-Checking eBook Content of Dshs Basic Food Income Guidelines
  - Distinguishing Credible Sources
13. Promoting Lifelong Learning
- Utilizing eBooks for Skill Development
  - Exploring Educational eBooks
14. Embracing eBook Trends
- Integration of Multimedia Elements
  - Interactive and Gamified eBooks

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